

HOW TO DON GLOVES

If gloves are ambidextrous, they can be worn on either hand. If not, align the glove's fingers and thumb with the proper hand before donning.

Insert five fingers into the cuff and pull the cuff over the wrist.

Remove one glove from the package and inspect it to be sure no pinholes or tears are present.

Check for a secure fit around the fingers and palm. The cuff should fit snugly around the wrist.



HOW TO DON & DOFF YOUR DISPOSABLE GLOVES

HOW TO DOFF GLOVES

Grasp the outside edge of the glove near the wrist.

Peel the glove away from the hand, turning it inside out. Hold it in the opposite gloved hand.

Slide an ungloved finger under the wrist of the remaining glove, being careful not to touch the outside of the glove.

Peel the remaining glove off from the inside, creating a "bag" containing both gloves. Discard.

